



Job Title: Lifeguard  
Supervisor: Aquatics Director  
Location: Shelby County YMCA  
2120 Intelliplex Dr.  
Shelbyville, IN 46176

**General Function:**

Under the direction of the Aquatics Director, the lifeguard is responsible for providing a safe environment for all participants in and around the pool.

**Requirements:**

- Must be at least 16 years of age.
- Must possess a current YMCA Lifeguard certificate, or Red Cross Lifeguard certificate, including CPR and first aid.
- Ability to pass lifeguard precourse test.
- Ability to remain alert, with no lapses in consciousness, and sit for extended periods of time in an elevated chair.
- Ability to move to various locations, including in and around an elevated chair.
- Ability to think and respond quickly in emergency situations, solve problems, make decisions, instruct, evaluate, supervise, and remember all pool rules.
- Must be able to communicate verbally, including the ability to project voice across distances.
- Must be able to hear noises and distress signals and observe all parts of water areas.
- Must be able to demonstrate and perform all needed rescues and survival skills.
- Must come ready to work, fully rested, dressed in YMCA guard uniform, and gather required supplies before shift- whistle, guard tube, fanny pack containing gloves and CPR mask.
- Must show responsibility and alertness for the job, refraining from bringing phones, smart watches, headphones, or any other distraction onto the pool deck.

**Responsibilities:**

- Know and follow the YMCA mission statement. "To put Christian principles into practice through programs that build healthy spirit, mind, and body for all."
- Know and model the four Core Values of the YMCA. Caring, Responsibility, Respect, Honesty.
- Extend courtesy and respect to all members and guests of the YMCA.
- To complete YMCA orientation, CPR/first aid training, and all other training within 90 days of employment.
- Maintain a positive attitude about the YMCA both on and off premises.

**Job Duties:**

- Being prepared at every moment to act or enter the water.
- Knows/reviews all emergency procedures and responds to emergency situations immediately in accordance with YMCA policies and procedures.

- Keep accurate records of hours worked and are responsible for finding a substitute for all absences.
- Practice preventive lifeguard procedures by actively scanning the pool, following, and enforcing pool rules, and policies and completing a routine check of pool and deck area.
- Engage in positive public relations with participants.
- Perform rescues and emergency procedures in accordance with facility policies.
- Attend all training, staff meetings, and assigned guard drills.
- Support decisions and policies with fellow lifeguards, supervisors, and participants.
- Check and record water temperature and chemical levels and notify the supervisor of any irregularities.
- Keep accurate statistics daily.
- Document all accidents/incidents on proper form and report to the supervisor immediately.
- Perform all maintenance as assigned.
- Perform other duties at the request of the Aquatics Director as related to the lifeguard position.

### **Human Relations Skills:**

To perform the job successfully, an individual must be able to perform each essential duty satisfactorily. The requirements listed below are representative of the knowledge, skill and/or ability required. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

**YMCA Competencies (Leader): Mission and Community Oriented:** Accepts and demonstrates YMCA values. Works effectively with people of different backgrounds, abilities, opinions, and perceptions. Demonstrates a desire to serve others and fulfill community needs. Recruits volunteers and builds effective, supportive working relationships with them.

**People Oriented:** Seeks first to understand the other person's point of view and remains calm in challenging situations. Builds rapport and relates well to others. Listens for understanding and meaning; speaks and writes effectively. Takes initiative to assist in developing others.

**Results Oriented:** Strives to meet or exceed goals and deliver a high-value experience for members. Embraces new approaches and discovers ideas to create a better member experience. Makes sound judgments, and transfers learning from one situation to another. Establishes goals, clarifies tasks, plans work and actively participates in meetings. Supports fundraising. Follows budgeting policies. and procedures and reports all financial irregularities immediately.

**Personal Development Oriented:** Accurately assesses personal feelings, strengths, and limitations and how they impact relationships. Pursues self- development that enhances job performance. Demonstrates an openness to change and seeks opportunities in the change process.

**Effects on End Results:** Success in this position will result in quality programs with an increase in participants and ensure safety for all patrons. As a result, there will be a higher community and member satisfaction for the YMCA aquatic activities.

**Application:**

Accepting resumes to Aquatics & Wellness Program Director: Brad Bishop at b.bishop@shelbycountymca.org